

Definitive Crowns & Bridges - Home Care Instructions

Now that we've placed your definitive crown/bridge, it's important to follow these recommendations to ensure your new restorations success:

Chewing and Eating

If we used an anesthetic during the procedure, avoid chewing until the numbness worn off.

To protect your crown/bridge, avoid chewing ice or other hard objects.

Brushing and Flossing

Brush and floss normally. Use aids recommended by our office, like Superfloss, floss threaders, and/or proxy brushes, depending on you individual case. If your teeth are sensitive to hot, cold, or pressure, try using a desensitizing toothpaste. If sensitivity increases or persists beyond a few days, call us.

Medication and Discomfort

Take antibiotics or other medications only as directed.

To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

When to Call Us

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns. (772) 286-1606